

United Methodist Church of Red Bank
 247 Broad Street | Red Bank NJ 07701 | (732) 747-0446

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 Email: office@umcredbank.org

UMC Red Bank is a Church
 open to ALL to **CONNECT** with God and others, to **GROW** in our faith, and to **SERVE** in love

Dear Church Family,

As you all hopefully know by now, we are moving into a season of transition in the life of our church. On July 1st, I will be appointed as the pastor of the Clinton United Methodist Church, and a new pastor will begin their tenure of ministry here in Red Bank. While I know a pastoral transition in the life of a congregation is always a challenge, with plenty of goodbyes to be said, information about the operations and community to pass hands from one leader to another, and new trust and relationships to build, it can also be a time of great reflection, setting the stage for future growth.

In our January Church Council meeting, I led a devotion on the gift of Liminal Space, the time of change and transition, the time in-between where you have been and where you are heading. While liminal space can often feel uncomfortable and uncertain, like we're out of control and unsure of where we're headed or how long it will take us, spiritual guides and authors have been talking about how important liminal space can be for our personal, spiritual, and communal lives – if we allow it to be!

Richard Rohr said this about liminal space: "Nothing good or creative emerges from business as usual. This is why much of the work of God is to get people into liminal space, and to keep them there long enough so they can learn something essential. It is the ultimate teachable space."

As we lean into this season of transition, not only in our church as we prepare for a pastoral change, but in our everyday lives as COVID-19 continues to impact the way we live, I invite you to open yourself up to this ultimate teachable space. Let us wonder together about what God is trying to show us about ourselves, our church, and the world around us. May we always remember that while we journey through this season, we are never alone, but surrounded by our loving community of faith. Don't forget to reach out and offer encouragement to others along the way.

May God's deep peace be yours,

Pastor Jess

Rev. Jessica Brendler Naulty

DIRECTOR OF CHILDREN & YOUTH MINISTRIES **BONNIE DEROSKI**

732-245-8024, bderoski@umcredbank.org

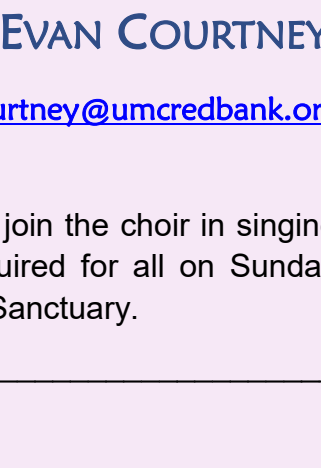
Welcoming Questions

In Exodus 12, we hear this direction about talking with kids about the Passover meal:

"26 And when your children ask you, 'What do you mean by this observance?' 27 you shall say, 'It is the passover sacrifice to the LORD, for he passed over the houses of the Israelites in Egypt, when he struck down the Egyptians but spared our houses.'"
And the people bowed down and worshiped.

I think of the many observances in the Christian faith: Baptism, communion, confirmation, funerals; prayers, blessings, liturgy, hymns. These are all observances in which our children might be present. And certainly, children have many questions: who, why, what? In this scripture we find a clear directive to us as adults to have a conversation about these sacraments and rituals - an instruction for us to be open to and responsive to the questions that will arise.

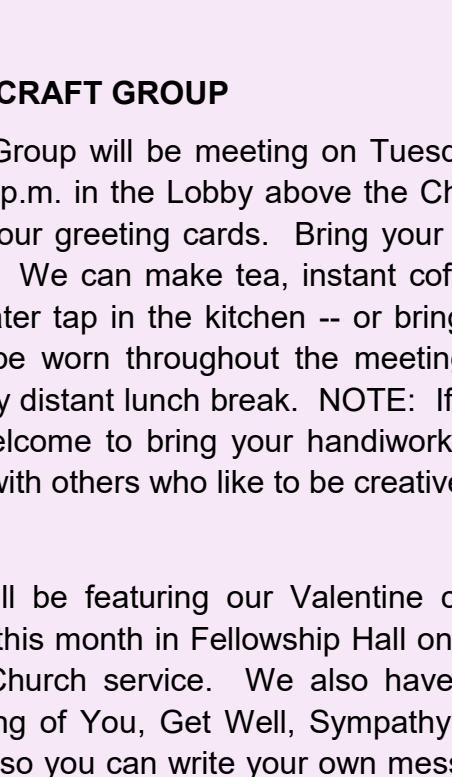
What questions have your children or youth in your life asked you about why we do things at church and in life the way we do? I encourage you not to shy away from these conversations because they are holy appointments for faith formation. Simply speak from your own experience and talk about your own feelings. Being honest is the best way to answer a question. And if you're not sure, that's a valid answer also. I wonder if the questions of our children are God's invitations for us to do some investigating of our own.



DIRECTOR OF MUSIC **EVAN COURTNEY**

ecourtney@umcredbank.org

Singing has returned for in person worship! Warm up your vocal cords and join the choir in singing on the hymns during worship on Sundays. Reminder: masks are still required for all on Sunday mornings, and there is a socially distanced section under the balcony in the Sanctuary.



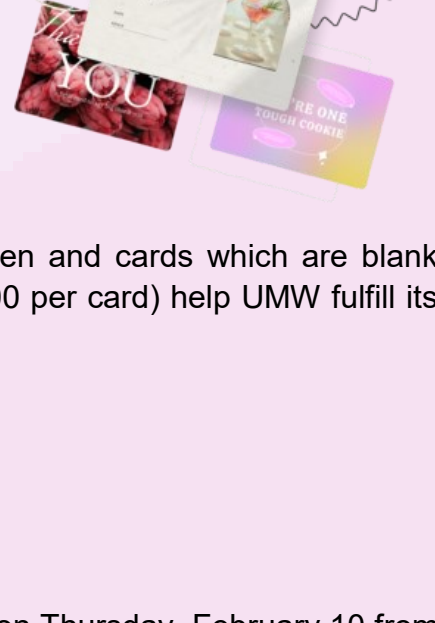
Come to the Table

Communion Workshop
 for All Ages
 Sunday, March 6 - 11:30

UNITED METHODIST WOMEN

UMW CRAFT GROUP

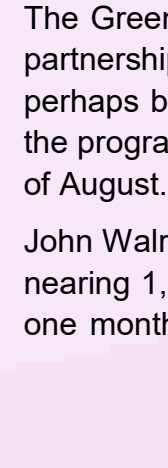
Craft Group will be meeting on Tuesday, February 8 and Tuesday, February 22 between 10 a.m. and 2 p.m. in the Lobby above the Church Library. Come for part or for all of that time to help us make our greeting cards. Bring your own snack for our short lunch break. We can make tea, instant coffee or hot chocolate using the hot water tap in the kitchen -- or bring your own cold drink. Masks must be worn throughout the meeting except when you take your socially distant lunch break. NOTE: If you like to knit or crochet, you are welcome to bring your handiwork to Craft Group meetings and meet with others who like to be creative with those skills.



We will be featuring our Valentine cards and Saint Patrick's Day cards this month in Fellowship Hall on Sunday mornings after the 10 a.m. Church service. We also have a nice selection of Birthday, Thinking of You, Get Well, Sympathy, Anniversary, Cards for children and cards which are blank inside so you can write your own message. Your purchases (at \$1.00 per card) help UMW fulfill its budgeted mission donations.

Any questions? Contact Peggy Wien at pwien@infonline.net

UMW MILDRED-RUTH CIRCLE:



United Methodist Women
 FAITH · HOPE · LOVE IN ACTION

Mildred-Ruth Circle will meet on Thursday, February 10 from 11 a.m. to 12 noon in the Lounge. Masks are required. You are invited to bring any items you would like to share such as devotions, poems, articles, etc.

Other UMW ladies (and those interested in learning more about UMW) are invited to come for our hour of fellowship together. Any questions? Contact Peggy Wien or Helen Vetter.



GREEN FAITH

JANIE SCHILDGE

732.741.0528 jschildge@optonline.net

The Green Team met Feb. 5th in the Lounge to make plans for the months ahead, and work on a partnership with Youth Group for a VBS program around recycling and renewal and living in nature – perhaps based on the parallel of the Sower. Bonnie Deroski shared ideas and described some of the program, and got an enthusiastic response to be partners with dates planned for 1st or 2nd week of August. Please send any ideas to Bonnie to consider.

John Walradt announced that our carbon savings over the 11 years of our Solar Rooftop project are nearing 1,000,000 pounds of carbon and last December 2021 we saved nearly 3000 tons just in one month. Congratulations to the Hudson Solar Project and thanks to the partners who made it possible. We will be offering tours of the rooftop in coming months.

Bobbie Ridgely and Jenni Foster have toured our County Recycling Program – Mazza Recycling Center, a private enterprise that sorts and saves all of the plastic items that are approved. We no longer take bottlecaps at church as the request is to screw the tops back on rinsed bottles and leave in recycling so that the caps won't fall through the system sorter.

Thanks for that request. We are preparing a list of where you can recycle Styrofoam, and other notable items. Bob Shindel donated a box of small batteries that he brought from Terra Cycle for \$50 and we will fill and then it is mailed in without charge. Recycling does cost money if done the right way, but money can also be made, and it is much more expensive in many ways to not recycle. This small box will be in the back hall at church for easy use, but only small household batteries will be accepted. We hope to have a field trip to Mazza recycling, so you can learn more about the efforts going on in our county.

An Invasive Plant Project has been started in Monmouth County with a coalition of the county, and various towns, and Eatontown is leading the effort. You can choose to help clip or cut vines that are killing trees and shrubs in parks and arboretums. Sean and Dave Forebeck are organizing times for our church team to go to Parker Woods and Poricy Park also, along with the Bliss Arboretum Wildlife Sanctuary off Wycoff Road in Eatontown. The goal is once a month work sessions and we will announce the next date in Connections.

The Pollinator Garden will be returning to our back yard at church. Men's group will work on preparing the area and adding soil on April 2nd, and we will work on collecting seeds and native plants to add to the garden after we see what comes back up from last season. It was lovely, colorful, and productive and attracted a number of birds and butterflies and other pollinators. We need helpers of all ages, and this is a call out to the families who founded the garden. Please plan to participate this year as we will need planters, painters of signs, weeders, watering teams and photographers and observers keeping track of our special place. Sign up in Sunday School or contact Janie Schildge at jschildge@optonline.net, for information

Ken Glosbrenner gave a passionate request for all of us to write to our Congress people to encourage passing a Carbon Fee and Dividend in the next few weeks. The House has passed legislation but the Senate needs to follow suit. Ken wrote up an action item to request action on this issue of Climate Change. Taxing carbon at its source or at border crossings, is the most efficient way to price carbon and bring green energy sources to an equal basis and prevent more greenhouse gases from warming our planet. Thanks for reading his action item and writing a short note or email to your senators and even to our President. See the

We would like to know what projects you are interested in helping with this spring and summer so please let us know. We will have sign up sheets at Church in coming weeks. And next month we will have our Resource List of where to recycle, and where to get information and what programs in New Jersey are working on clean water, clean air, better food sources, and reducing waste. Watch for the list in the March Issue.

THANKS FROM GREEN FAITH TEAM! Janie Schildge and Bobbie Ridgely. We invite you to join us! Our Planet NEEDS YOU!

CHURCH AND SOCIETY

KATHY HACKLER

hackler@optonline.net

Social Justice Remembrance Coalition

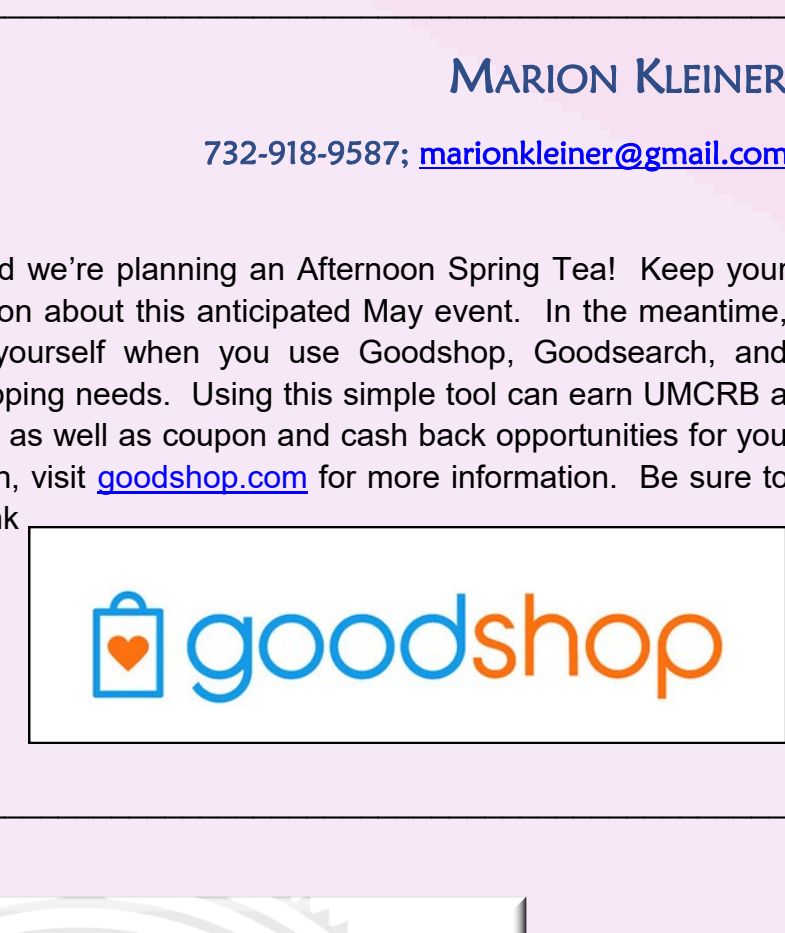
The New Jersey Social Justice Remembrance Coalition was organized in 2020 to work with the Equal Justice Initiative in having an historical marker placed in the Borough of Eatontown in Monmouth County at the site of the only racially motivated lynching that occurred in New Jersey that has been adequately documented by EJI to date. The coalition was formed after research about the lynching death of Samuel "Mingo Jack" Johnson that occurred in Eatontown in 1886.

Through the Community Remembrance Project, the coalition seeks to honor victims of racial terror lynching and reflect more honestly on the history and legacy of racial and economic injustice in our community. NJSJRC aims to raise awareness and inspire action through dialogue, community education, and public memorials. The goals of the coalition are:

1. Completing the EJI Historical Marker and Soil Collection Projects
2. Bringing awareness to and a forum for learning about race and race-based hatred
3. Identifying, naming, and uprooting systemic racism
4. Working to tell a more complete narrative about the American Experience

As of 2022, the Coalition includes members from the Pilgrim Baptist Church, Red Bank NAACP, UU of Monmouth County, Red Bank Public Library, Not in Our Town - Princeton, Monmouth Reform Temple, Temple Emeth - Teaneck, UU of Princeton, T Thomas Fortune Cultural Center, Monmouth County Historical Association, NJ Institute for Social Justice and others.

To learn more about becoming involved in this local project reach out to coalition member, Bonnie Deroski, or please visit: <https://www.njremembrance.org/home>



Visit the following web page to read an article about the Racial Justice Project (featuring our own Bonnie Deroski)

<https://tworivertimes.com/marking-racial-history-in-monmouth-county/>

H.U.B.O.B.

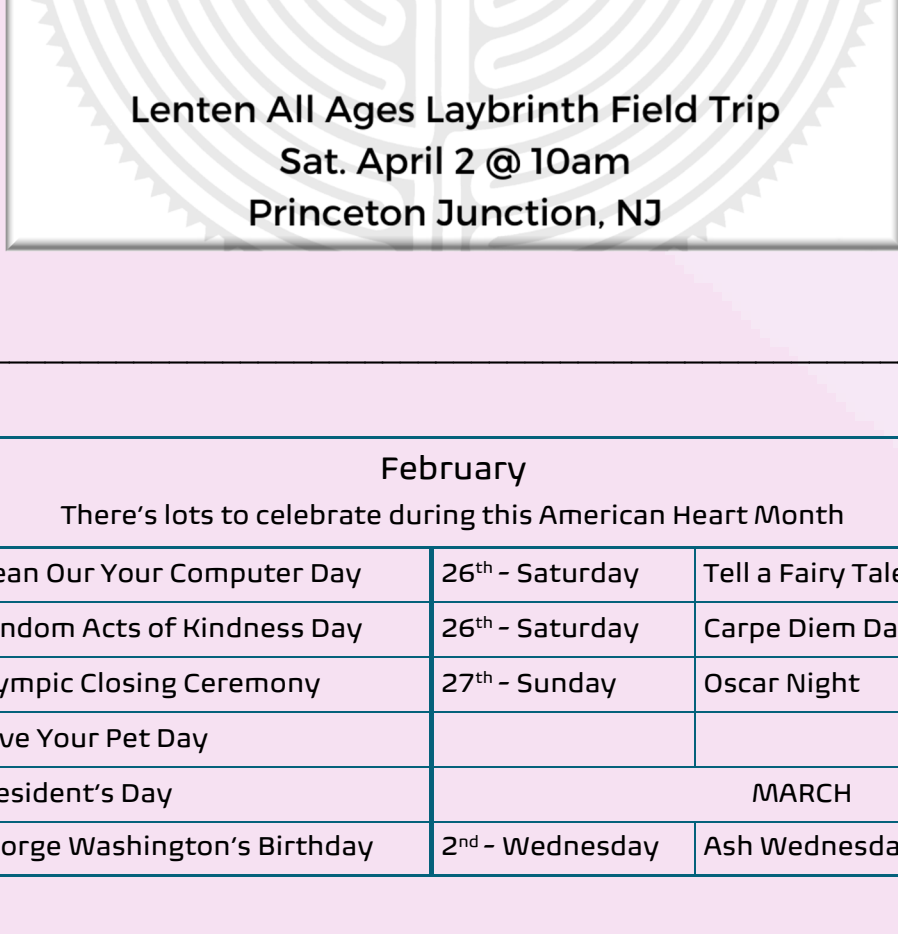
MARION KLEINER

732-918-9587; marionkleiner@gmail.com

HUBOB has a hopeful eye on the future and we're planning an Afternoon Spring Tea! Keep your calendars and eyes open for more information about this anticipated May event. In the meantime, you can support UMCRB and also help yourself when you use Goodshop, Goodsearch, and Gumdrop for your online searching and shopping needs. Using this simple tool can earn UMCRB a donation for each online search you conduct as well as coupon and cash back opportunities for you when you shop online. For more information, visit goodshop.com for more information. Be sure to choose United Methodist Church of Red Bank as your chosen charity!



REMEMBER: IT IS ALWAYS TIME TO HUBOB!



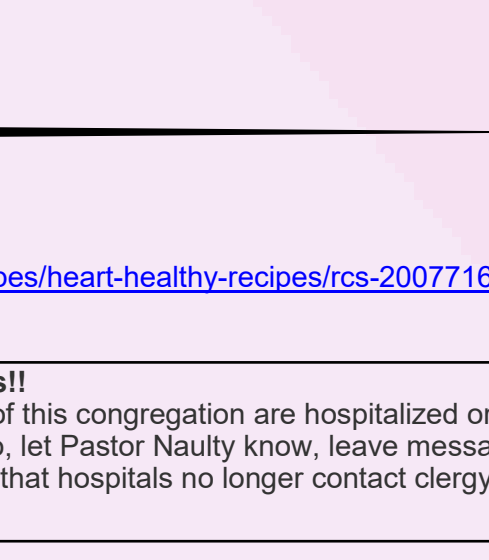
February			
There's lots to celebrate during this American Heart Month			
14 th - Monday	Clean Our Your Computer Day	26 th - Saturday	Tell a Fairy Tale Day
17 th - Tuesday	Random Acts of Kindness Day	26 th - Saturday	Carpe Diem Day
20 th - Sunday	Olympic Closing Ceremony	27 th - Sunday	Oscar Night
20 th - Sunday	Love Your Pet Day		
21 st - Monday	President's Day		MARCH
22 nd - Tuesday	George Washington's Birthday	2 nd - Wednesday	Ash Wednesday

February is American Heart Month. Here's a hearty-healthy meal from the Mayo Clinic

Baked Salmon with Southeast Asian Marinade

INGREDIENTS

- ◇ 1/2 cup pineapple juice (no sugar added)
- ◇ 2 garlic cloves, minced
- ◇ 1 teaspoon low-sodium soy sauce
- ◇ 1/4 teaspoon ground ginger
- ◇ 2 salmon fillets, each 4 ounces
- ◇ 1/4 teaspoon sesame oil
- ◇ Freshly ground black pepper, to taste
- ◇ 1 cup diced fresh fruit, such as pineapple, mango and papaya



DIRECTIONS

In a small bowl, add the pineapple juice, garlic, soy sauce and ginger. Stir to mix evenly. Arrange the salmon fillets in a small baking dish. Pour the pineapple juice mixture over the top. Put in the refrigerator and marinate for 1 hour. Turn the salmon periodically as needed.

Heat the oven to 375 F. Lightly coat 2 squares of aluminum foil with cooking spray. Place the marinated salmon fillets on the aluminum foil. Drizzle each with 1/8 teaspoon sesame oil. Sprinkle with pepper and top each with 1/2 cup diced fruit. Wrap the foil around the salmon, folding the edges to seal. Bake until the fish is opaque throughout when tested with the tip of a knife, about 10 minutes on each side. Transfer the salmon to warmed individual plates and serve immediately.



For more heart-healthy recipes from the Mayo Clinic, visit:

<https://www.mayoclinic.org/healthy-lifestyle/recipes/heart-healthy-recipes/rcs-20077163>

Please notice us!
 Communication is crucial in letting us know when members of this congregation are hospitalized or ill. We would rather be told multiple times than to not know at all. So, let Pastor Naulty know, leave messages at church, or email us at office@umcredbank.org. Remember that hospitals no longer contact clergy when members are hospitalized.

