

UMC Red Bank is a Church open to ALL to **CONNECT** with God and others, to **GROW** in our faith, and to **SERVE** in love

Church Family,

Sociologist and author Brene Brown, who writes superfluously about gratitude, says "We're a nation hungry for more joy because we're starving from a lack of gratitude." Throughout the Scriptures we hear time and time again that God wants us to live with thanksgiving, joy, praise, and gratitude and yet, for many of us, we trudge through the day feeling anything but gratitude.

According to University of California, Berkeley's Greater Good Magazine "Research does support the idea that gratitude helps people who practice it. They report fewer physical symptoms of illness, more optimism, greater goal attainment, and decreased anxiety and depression, among other health benefits."

Throughout October leading up to Thanksgiving, we will be engaging in worship with the theme "The Enemies of Gratitude". Each week we will look at different elements of living that rob us of experiencing the fullness of a grateful life. We will explore together how a misplaced focus on how things *could be* or *used to be*, how we're not getting what we think we deserve, or simply how life's struggles are keeping us down, prevents us from seeing all the blessings that are right in front of us.

It is my prayer that as we turn away from these enemies of gratitude, we will develop a spiritual "attitude of gratitude" so that by Thanksgiving we will have a deep understanding of what we are thankful for and solid practices to help us live with gratitude year round. With grateful hearts we will enter the holiday season with thanks and praise for all God is doing in our lives. We hope you will join us and continue growing in faith!

With a heart full of gratitude for the gift of journeying with each of you,

Pastor Jess Naulty

Pastor Jess

Rev. Jessica Brendler Naulty

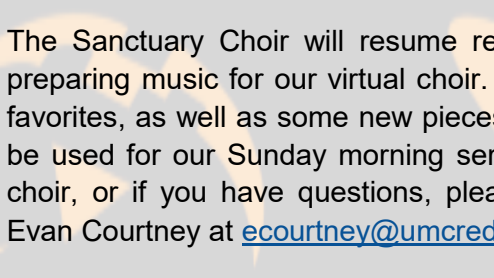
DIRECTOR OF CHILDREN & YOUTH MINISTRIES

TAMMY YOUNG

732-299-6203, young@umcredbank.org

Our Sunday School 2020/21 season officially kicked-off 13 September via Zoom. New on the docket, is a 6th – 8th grade class. All Sunday School classes are held at 9:00 AM, with Bagels and Faith meeting at 11:30 AM. I encourage all of our children and youth to come and join us on this faith journey; I would especially welcome and bless the opportunity to meet all of you!

Please note that student registration remains open and can be accessed via this link: https://docs.google.com/forms/d/e/1FAIpQLSfLAi7JPzNvw2IPFVrIS9E_B9KAyvr1VZCqgAllSp6cM4UK0w/viewform?fbclid=IwAR2-Xu0ZKQE2QGd-Qh0ESZW7IFsrhAVu_3IN4fmrEclqslsniTj4YqEM



This information is especially valuable as we work to update our student records.

Also, don't forget that our Youth Groups are in virtual swing also! All three groups meet at 7:00 PM via Zoom.

Links for Sunday School, Bagels and Faith and Youth Groups can be found on the Church calendar. For questions or further information on our children and youth ministries, please contact Pastor Tammy at young@redbank.org or 732-299-6203.

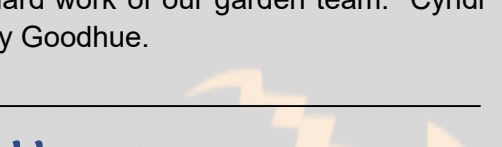
DIRECTOR OF MUSIC

EVAN COURTNEY

ecourtney@umcredbank.org

Join the Sanctuary Choir at UMCRB!

The Sanctuary Choir will resume rehearsing together via Zoom, and preparing music for our virtual choir. Music for the Fall will include old favorites, as well as some new pieces. Video and audio recordings will be used for our Sunday morning service. If you would like to join the choir, or if you have questions, please contact the Director of Music, Evan Courtney at ecourtney@umcredbank.org.



UNITED METHODIST WOMEN – UMW

LINDA BABLER

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The Red Bank United Methodist Church UMW Garden grew out of our group emphasis on feeding the hungry. The garden mission is to grow a variety of vegetables to help serve the needs of Lunch Break for fresh produce and to share half of the bounty with our congregation. Due to the pandemic, we were unable to share our bounty with the congregation, but it did give us the opportunity to donate even more to Lunch Break. Our season total was 383 lbs & 12 oz (our second highest) and we donated more than 25 lbs of vegetables this last week alone! Many thanks to the hard work of our garden team: Cyndi Skove, Gary Babler, Peggy Wein, and Becky Goodhue.

UMC OF RED BANK CHURCH REOPENING PLAN UPDATE

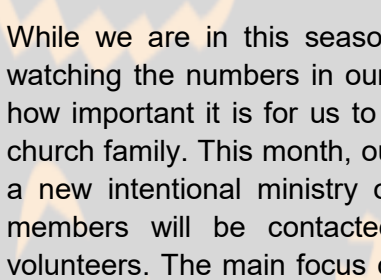
As the ministry of UMCRB continues strong in the time of COVID, with the goal that zero infections are spread through our church activity, we bring you this update about our church reopening plan. Our church is working on a multi-phased plan for reopening our church building in the midst of the COVID pandemic. Our church office is open in a limited way on Tuesday-Thursday from 9-2 and Fridays from 9-1:30 pm. Join us for online worship, Sundays at 10am, through our church website – www.umcredbank.org. The calendar of events there has up-to-date information about ongoing ministries and how to join in. If you'd like to reserve our outdoor gathering space for your church small group, contact Sheila Leavitt at sleavitt@umcredbank.org.

Our Building Use Safety Team is hard at work on our upcoming phases, which include both small group church gatherings and small group worship experiences INSIDE the church building, and in time, when it is safe, large group worship in our sacred spaces. We are thankful for your patience as we work through this building reopening plan with care and caution. You are invited to go to the church website to read more about the policies that have been approved by church council and check back for updates as we move to upcoming phases. Visit <https://www.umcredbank.org/our-reopening-plan/>

H.U.B.O.B.

MARION KLEINER

732-918-9587; marionkleiner@gmail.com



As we're sure you realize, your HUBOB Team organizes its activities around social events....plays, dinners, food card and gift card sales, etc. So we are also sure you realize that the pandemic has brought us to a screeching halt. Many different aspects of the coronavirus have interfered with our plans for the fall season. Our Team has recently also suffered the loss of several members. At the moment we are extending an invitation to anyone who would like to join us for a limited period of time..... one activity or one project. We have some ideas, but we need some willing hands. Are you the artistic one or the one who is willing to help organize? Do you have computer skills? You may be just the person we are looking for. Please contact Marion Kleiner (marionkleiner@gmail.com) or 732-918-9587.

REMEMBER: IT IS ALWAYS TIME TO HUBOB!

(Help Us Balance Our Budget)

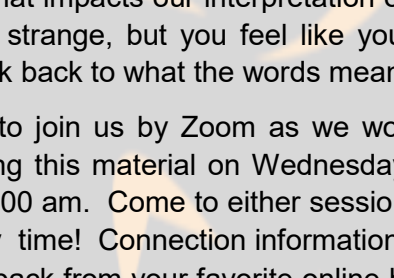
MISSION & SERVICE

SUZANNE & KEITH DICE

zannedice@aol.com

Thank you to all that donated school supplies in the month of September. They were all shared with LunchBreak, Monmouth Day Care Center and Backpack Crew families!

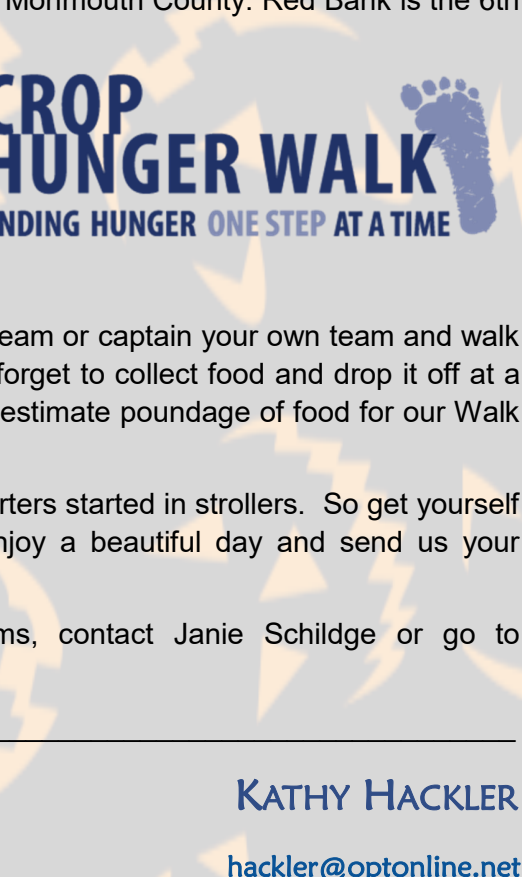
October we will go back to collecting books for Bridge of Books Foundation. Our collection was cut short back in March. Bridge of Books supplies new or gently used books to low income schools all over New Jersey. You can drop books in new or good condition on the church porch that are school age appropriate (Pre-K through high school). You can learn more at www.bridgeofbooksfoundation.org



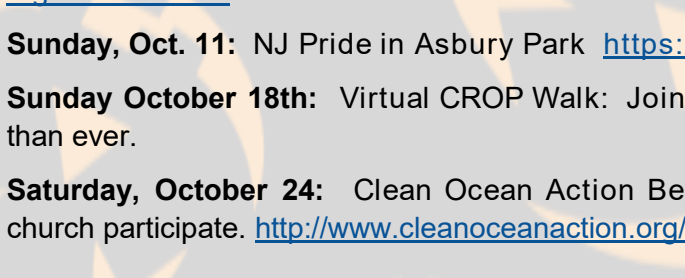
Church Mice

MEMBERSHIP VITALITY TEAM LAUNCHES A NEW CONNECTION GROUP CALLING NETWORK

While we are in this season of waiting, checking in on the community spread of COVID, unfortunately watching the numbers in our area go up rather than down, we know how important it is for us to remain connected to one another in our church family. This month, our Membership Vitality Team is launching a new intentional ministry of care, through which all of our active members will be contacted by one of our Connection Team volunteers. The main focus of their first contact will be to check in to see how you're holding up in the midst of the pandemic, and if there's any way they can help you connect more fully into the ministry that is ongoing in our church. We pray that this connection ministry strengthens all of our relationships with the church and with one another – for the church is very much alive and at work in this time – and hope that you and your family are engaging in whatever ways you can.



ELECTION DAY IS TUESDAY, NOVEMBER 3, 2020



New Jersey will mail a ballot to all active, registered voters for the General Election. You can also vote in person. New Jersey also offers early voting.

Voter registration deadline is October 13. For Voter Registration Application go to <https://voter.svrs.nj.gov/register>

To check your registration status, visit <https://voter.svrs.nj.gov/registration-check>

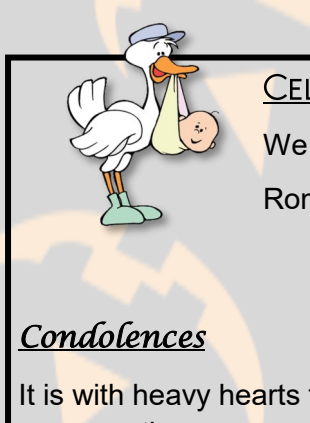
For more information about voting in New Jersey go to <https://www.nj.gov/state/elections/>

For national voting information and useful tools visit <https://www.vote.org/>

ADULT EDUCATION

MARK HACKLER

hackler@optonline.net



If you have not been part of the Adult Education classes, this is a good time to start. As we complete our study of the United Methodist Social Principles, our next series will be the book *Speaking Christian* by Marcus Borg. Christianity has its own language with all those "churchy" words - like sin, salvation, righteousness, and heaven. But the funny thing is some of these do not mean what we think they do - or at least their original meanings are quite different from what first comes to mind today. This book is an interesting look at what various terms meant when they were written and how that impacts our interpretation of Biblical texts today. Some of those things that seem strange, but you feel like you have to believe... well maybe you don't once we look back to what the words meant when the author wrote them down.

All are welcome to join us by Zoom as we work through a term or two per week. I anticipate starting this material on Wednesday evening September 9th at 7:00 pm and Sunday morning September 13th at 9:00 am. Come to either session - or both! The conversation is what is most meaningful and it is different every time! Connection information is in the church calendar on the web site. The book is likely available in paperback from your favorite online bookstore. You can join by computer and see everyone or by phone and just hear the discussion. For questions, please contact Mark Hackler at 732-918-0344 or hackler@optonline.net.

CROP WALK

JANIE SCHILDGE

732.741.0528 jschildge@optonline.net

For 40 years Red Bank CROP walkers have been raising funds and food for local, national, and global needs. This ministry annually has raised over \$100,000 and delivered 17,000+ pounds of staples to local food pantries. As a supporter you help us to reach out around Monmouth County and around the world.

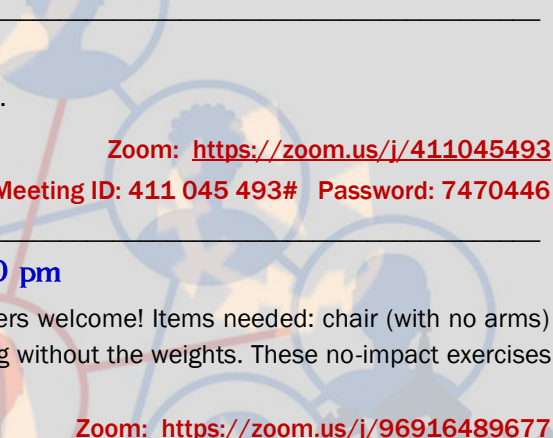
Red Bank CROP Walk is the most active and successful CROP Hunger Walk in the NJ/NY region. It had its start in 1981 and has grown to include many communities throughout Monmouth County. Red Bank is the 6th largest (of over 800) CROP Hunger Walks in the country. Together we take a stand against hunger.

This year COVID-19 has caused job loss, huge economic stress, death and disruption. Our 15 local partners have doubled their efforts to meet these growing needs and your help is needed more than ever. We need everyone working together, to meet these desperate needs.

On Sunday, October 18th (or anytime between now and then), join a team or captain your own team and walk around your neighborhood or favorite park for a great cause. Don't forget to collect food and drop it off at a partner pantry or our own Backpack Crew. Please take a photo and estimate poundage of food for our Walk Goal of 18,000 pounds!

We encourage all ages! Some of the most enthusiastic CROP supporters started in strollers. So get yourself a 40th CROP WALK mask, gaiter, or bandanna (\$7+ donation), enjoy a beautiful day and send us your pictures!

For more information, or to donate to one of our church teams, contact Janie Schildge or go to redbankcropwalk.com



CHURCH AND SOCIETY

KATHY HACKLER

hackler@optonline.net

Check out the new information on our church website. We are focusing on our social principles, voting, race, LGBTQ, and the environment. Look out for notice of some "Sunday Seminars" in the near future with discussion and fellowship. As part of our social principles, we urge everyone to vote on November 3. We'd like you to take note of the following dates:

Tuesday, October 13: Last day to register to vote in NJ <https://www.state.nj.us/state/elections/voter-registration.shtml>

Sunday, Oct. 11: NJ Pride in Asbury Park <https://www.jerseypride.org>

Sunday October 18th: Virtual CROP Walk: Join a team or make your own: People need us now more than ever.

Saturday, October 24: Clean Ocean Action Beach Sweeps: We hope to have a big group from our church participate. <http://www.cleanoceanaction.org/index.php?id=153>

STAYING CONNECTED VIRTUALLY

Worship

Though we cannot gather in person, we will certainly gather in spirit for our church ministry is very much alive, even in this time of social distancing. Join us Sundays at 10 AM. Feel free to invite a friend!

Watch online

- Through church website: www.umcredbank.org/church-service-streaming-live/
- YouTube Live: https://www.youtube.com/channel/UCkt9RJsIC_eeCuMFQwPb2Q

Each week while you are worshipping, you will have access to a link to complete a Weekly Connect Card. When you click on the provided link each Sunday, you will be asked to answer a few short questions. This is our attempt to learn not only who is worshipping with us, but how the experience is going

Virtual Fellowship Time Sundays After Worship

Join in a time to meet together and check in after online worship each Sunday.

Zoom: <https://zoom.us/j/411045493>

Phone: (646) 558-8656 Meeting ID: 411 045 493# Password: 7470446

Balance and Strength Training - Tuesdays and Thursdays at 12:00 pm

Join us for online Balance and Strength Training with Janet Tartaglia. Beginners welcome! Items needed: chair (with no arms) and weights (can be 2 16 oz. water bottles), or you can choose to follow along without the weights. These no-impact exercises are done with chair or standing, no floor work.

Zoom: <https://zoom.us/j/96916489677>

Phone: (646) 876-9923 Meeting ID: 969 1648 9677# Password: 7470446

Online Yoga - Wednesdays at 9:30 am

Join us for online yoga with Tiffany McCann as she instructs the class how to calm your mind, strengthen your body and open your heart.

Zoom: <https://zoom.us/j/958496669>

Phone: (646) 876-9923 Meeting ID: 958 496 669# Password: 7470446

The preceding is only a partial list of available classes and meetings. There are also many Sunday Youth Classes as well as Wednesday Youth Groups. Please visit our website at umcredbank.org for more information. All classes and meetings can be found on the calendar by scrolling to the bottom left of our home page. Just find the event you're interested in and click on it for detailed information on how to join in.

UMC RED BANK YOUTH GROUPS START WEDNESDAY, SEPT. 16

LEARN MORE ABOUT OUR YOUTH PROGRAMS AT [HTTPS://WWW.UMCREDBANK.ORG/YOUTH-PROGRAMS/](https://www.umcredbank.org/youth-programs/)

Please bother us!!

Communication is crucial in letting us know when members of this congregation are hospitalized or ill. We would rather be told multiple times than to not know at all. So, let Pastor Naulty know, leave messages at church, or email us at office@umcredbank.org. Remember that hospitals no longer contact clergy when members are hospitalized.