

United Methodist Church of Red Bank
247 Broad Street | Red Bank NJ 07701 | (732) 747-0446

Online: www.umcredbank.org
Email: office@umcredbank.org

UMC Red Bank is a Church open to ALL to **CONNECT** with God and others, to **GROW** in our faith, and to **SERVE** in love

A time for spiritual renewal and rest...

For pastors, ministry is more than a job; it is a vocation, a way of life, and one that impacts all aspects of life. I have had the privilege of serving in full time ministry for nearly 10 years; 4 in Haddonfield and I'm working on my 6th year here in Red Bank. I love what I do and feel like God made me to be a pastor, but there is a heavy weight that comes with ministry, both emotionally and spiritually. In the midst of the weekly "grind" of church work, it is challenging to balance the regular need for rest and spiritual recharging, along with the demands of being the mother of young children.

As pastors, we are encouraged to practice self-care and warned of the results of its neglect. Anthony Headley in his article "Self-Care in Ministry" for *Catalyst Resources* says, "[The] failure in self-care often carries devastating consequences. It contributes to unmanageable stress, spiritual and emotional exhaustion, and even premature exit from ministry." The *Book of Discipline* recognizes the need for clergy to take a respite from the normal exercise of pastoral ministry and makes provisions for both Renewal Leaves (shorter term) and Sabbatical leaves (longer and more structured). With the full support of our District Superintendent and the entire cabinet, as well as the SPRC (Staff Parish Relations Committee) and Church Council of UMCRCB, I will be taking a Renewal Leave from January 21st through February 16th, 2020.

Renewal Time is not "empty" or unstructured time, but a set aside time when I will be focused on spiritual renewal, physical rest and refreshment, emotional recharging, and intellectual stimulation. I will be spending some time away alone to read and pray, walk and reflect, as well as some time away with my family. It is my prayer and expectation that I will return to you mid-February refreshed and renewed in body, mind, and spirit and ready to lead afresh, which will benefit me as a person and pastor, as well as the church. I ask that you surround me if prayer during this season of spiritual growth as I focus on deepening my relationship with God, myself, and my family.

In my absence, I am leaving the congregation in good hands as Rev. David Henritzy has graciously offered to serve as interim Senior Pastor during my Renewal Leave. He will be preaching one of the Sundays, will other guest preachers, including our DS, Rev. Christina Zito, and my mother, Rev. Vicki Brendler covering the other three weeks. If you have any questions or pastoral care needs while I am away, please don't hesitate to contact David at davidhenritzy@verizon.net or 914-584-3160.

Pastor Jess

Rev. Jessica B. Naulty

DIRECTOR OF CHILDREN & YOUTH MINISTRIES

ELAINE DAWSON

732-747-0446, EXT 11, ed45yrs@aol.com

HAPPY NEW YEAR

All Youth groups will start the new year on Wednesday Jan. 8, 2020 at 6:00 sharp! Our group game night is being planned and should be lots of fun for all!

Sunday School is during our 10:00 AM service. We will start out learning about Epiphany and will have a movie on justice on Jan 19th during Sunday school.

In Sunday School, we will be discussing our goals for this year and changes we'd like to make. Have these discussions with your children during January to help them explore this great new year in the healthiest way possible. Include God and Jesus as guides through prayer to figure it all out. They will learn about the wise men and how Jesus came for all of us! We will discuss justice and have a movie Sunday during Sunday school on Jan 19th on this topic.

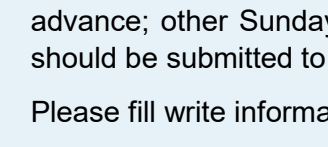
We will host the Martin Luther King Community service this year on Monday Jan. 20th in honor of his legacy to our world.

Buy your tickets for our annual Spaghetti Dinner which will be held on Feb. 8th. This helps support our teens' mission to Appalachia to help those in need to stay safer, warmer and dryer.

MUSIC OPPORTUNITY

EVAN COURTNEY

ecourtney@umcredbank.org



Last Sundays Are All-Sing Sundays!

If you want to sing in the choir, but don't want to make a commitment to every Sunday, you can sing with us on the last Sunday of each month for the 10am service! Just come up to the balcony at 9am and helpful choir members will get you set up to sing! Contact Evan for more details.

CHURCH FLOWERS

SHEILA LEAVITT

sleavitt@umcredbank.org

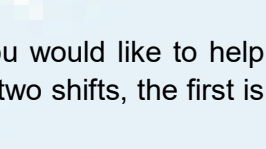
Dear Friends:

The lovely flowers we see on the altar with the variety of green leaves and bright colors remind us of God's beauty. What better way to lift our spirits and remember nature's beauty than to include some of that beauty in our church and worship.

This is your opportunity to contribute to the beautification of our church by donating flowers. You may designate flowers in memory of (IMO), in honor of (IHO), in celebration of (ICO) an individual or organization as you choose. Floral arrangements are available for \$45 each and you may subscribe for one or more arrangements. Your name and purpose of your donation will be listed in Sunday's bulletin. You may specify a particular Sunday or Sundays (for an anniversary, birthday or whatever) on a first-come, first-served basis. You may also choose to bring a "personal donation" of store-bought or garden flowers.

Please note we will only purchase flowers on Sundays that are subscribed and paid in advance; other Sundays provide the opportunity to show off your potted plants. Orders should be submitted to Sheila at your convenience anytime during the year.

Please fill write information on memo line of your check or attach a post-it with info.

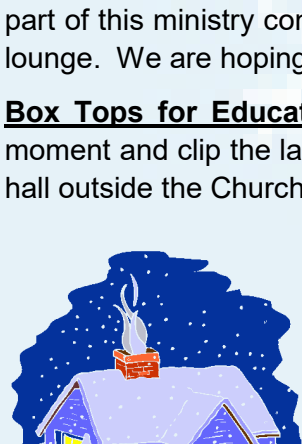


UNITED METHODIST WOMEN – UMW

LINDA BABLER

732-741-1793, lsabler@aol.com

Barbara Valenti



UMW is happy to announce that the 2019 Woman of the Year is Barbara Valenti. Barbara was an inspirations to us all, she worked very hard for and with UMW. She was our Secretary, while working on all projects, planning and anything else that was needed. Congratulations to Barbara, our Woman of the Year.

UMW General Meeting—There is no meeting for January.

Book Club – Meets the 4th Saturday of the month at 1PM in the Library. Our book for January 26th is *Velveteen* by Laurel Lattin Huber.

Susanna Dagher: will be meeting at the church in the Lounge on February 4th at 6:30. All ladies are invited, to attend, just come join us. Watch for more information to follow.

Mildred-Ruth Circle will meet on January 9th in Room 114 beginning at 12:30PM. Bring your lunch as we begin our meetings with lunch together. Dessert and beverages are provided. All are welcome to join us.

Mission Team Meeting: January 13th at 1PM in the Library

Craft Group: will meet on the second and fourth Tuesdays (January 14 & 28) in the Library Lounge area from 11AM to 2PM. Bring your snack to eat during our short lunch break. We will be creating Valentine cards! Thanks to all who help UMW support our missions through our card sales on Sunday mornings in Fellowship Hall.

Lunch Break: UMW will prepare a hot breakfast for the clients on February 1st. If you would like to help cook, serve and clean up please let Linda Babler know at lsabler@aol.com. There are two shifts, the first is 8:30-10:30 and the second is 10—noon. All hands are a help!

Cooking for the Center in Asbury Park: If you would like to cook and assemble 50 meals for the Center in Asbury Park on January 18th at 10 am at the church, please let Linda Babler know at lsabler@aol.com. It usually takes about 2 hours.

Prayer Shawl If you can sew, knit or crochet, you are needed. We also are making baby blankets for the children that are baptized at our church. We now are providing baby and preemie caps for Monmouth Medical. We also make red prayer shawls for the confirmation class each year. Our next dedication of prayer shawls and caps will be in May, lots of time to finish up a prayer shawl or caps. If you would like to be part of this ministry contact Linda Babler or Helen Vetter. We meet on the 3rd & 4th Saturdays at 10AM in the lounge. We are hoping to start a "Come Learn to Knit or Crochet" class sometime in the Spring.

Box Tops for Education: UMW collects labels to help the Red Bird Mission in Kentucky. Please take a moment and clip the label off the products you normally use and leave them in the box by the mail bins in the hall outside the Church office.



May the warmth of your home keep you surrounded in love

LEARNING TREE

KARA CRESPO

learningtreepreschoolredbank@gmail.com



January begins registration for the 2020-2021 school year. In-house registration for current and alumni families as well as church members starts on January 13th. Our Open House is January 25th from 9:30-11:00 and this is when open registration begins. If you are looking for a preschool or have a friend, neighbor or family member looking for one, please share our Open House with them. Most of our families come to us based on recommendations from others so we appreciate your continued support with spreading the word about Learning Tree.

H.U.B.O.B

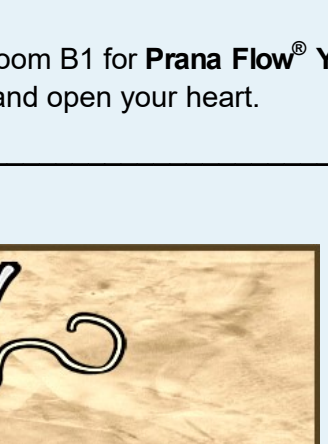
MARION KLEINER

732-918-9587; marionkleiner@gmail.com

For those who attended our Tea and Art Show in the Fall, we are grateful for your support and trust that you will come to future events and bring a friend.

Then there were gift cards for Barnes & Noble, Starbucks, Panera's, Applebee's and many, many other vendorsand every one helped us balance the budget for 2019. Then you also purchased Foodtown and ShopRite food cards month in and month out. YOU did it. You used them and gifted them and donated them. Together we managed to contribute to help pay the bills. "Thank You" to each one who participated.

Be sure to check out the "Shop with Scrip" article in this month's Outlook for an *even easier* way to Help Us Balance Our Budget!



REMEMBER: IT IS ALWAYS TIME TO HUBOB!

SHOP WITH SCRIP

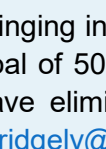
KATHY HACKLER

hackler@optonline.net

Did you know you can now order gift cards online at shopwithscrip.com and get them almost immediately? Instead of bringing us a check on a Sunday morning, you can print out e-cards or reload cards that you already have. We still benefit from the rebates and you benefit from convenience.

You can reload cards that you already have such as Starbucks, Barnes and Noble, Target, Old Navy, Home Depot, Bath and Body Works, Acme, and about 170 others. You can also get electronic paper cards from such stores as Starbucks, Kohl's, Panera, Amazon, and about 410 others.

You can pay by **securely** linking your checking account (there is a 15 cent fee per transaction) or by paying with a credit card (there is a 2.6% per transaction fee).



ShopWithScrip®

We'd LOVE to enroll you into our program. You'll need our unique enrollment code, so please send an email to hackler@optonline.net with the subject "Gift Cards," and I'll send you an official invitation with our enrollment code and all the information you need to know to sign up.

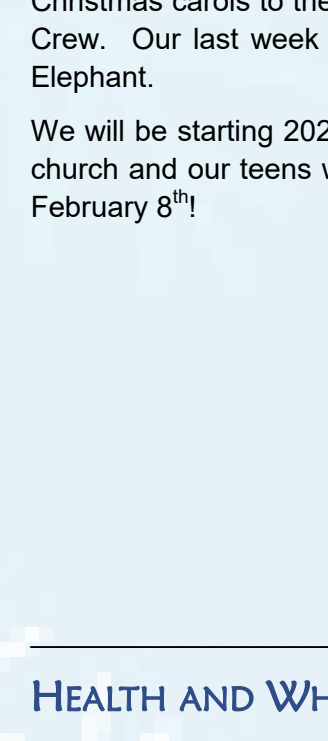
STEWARDSHIP 2020—WE NEED YOU!!

BOBBIE RIDGELY

bridgely@yahoo.com

Our 2020 Stewardship Campaign closes on January 17, 2020 and I'm pleased to share that as of mid-December our pledged giving amount for 2020 stands at over \$296,000. That means we are 99% of the way toward our goal of \$300,000!

I am truly inspired by the generosity of all of you who give of your time and financial gifts to our church and community. For those who have already made a pledge for 2020 we thank you. If you have been thinking about pledging, NOW is the time! We need your help to reach our goal!! No pledged giving amount is too big or too small because every pledge puts us one step closer to our goal. Should you have any questions regarding our church finances, please don't hesitate to contact me at bridgely@yahoo.com or 732-671-6891 ~ Bobbie Ridgely, Outgoing Finance Chair.



Clean Out Your Closets and Help Fundraise for the God Squad!

You can drop off your clothing donations at Sunday morning services; as well as before Youth Group every Wednesday in January. The God Squad will be available to help bring your donations into the church. Please put your items in plastic garbage bags that are tied/sealed.

We collect any CLEAN WEARABLE clothing (free of stains and tears). Items included are:

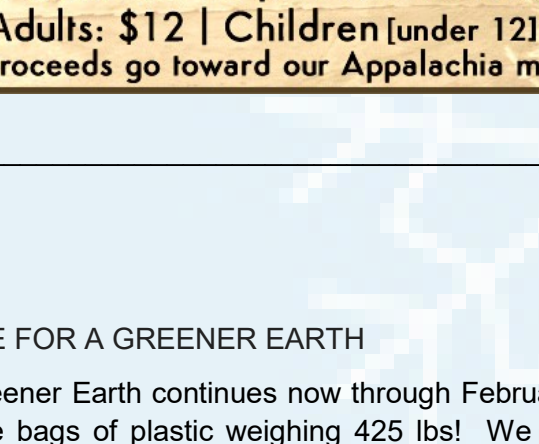
- Clothes/Shirts
- Paired Shoes
- Groceries
- Linens (including towels, curtains/drapes)
- Handbags
- No Blankets or Pillows

GOD SQUAD

GREG JANSKY, JIM STONAKER & SUZANNE DICE

God Squad enjoyed a month of service and festivities in December. We traveled to Sunrise and sang Christmas carols to the Alzheimer's patients. We also assembled bags of Christmas candy for the Backpack Crew. Our last week of the decade together we celebrated with a party and an energetic game of White Elephant.

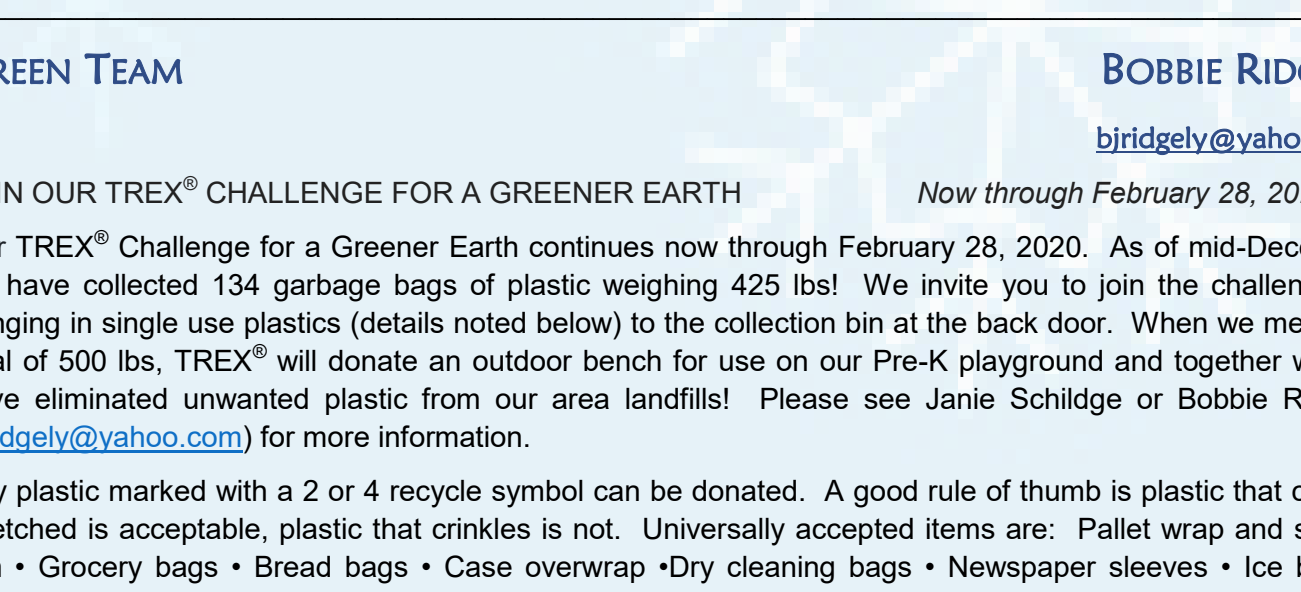
We will be starting 2020 off with our clothing drive all of January. Bring your bags of gently worn clothing to church and our teens will take them for you! Also—mark your calendars for our annual Spaghetti Dinner on February 8th!



HEALTH AND WHOLENESS OPPORTUNITIES

BALANCE AND STRENGTH TRAINING - Join the group to strengthen balance and fitness led by Janet Tartaglia, on **Tuesdays at 12PM** in room B1. A no impact, no mat workout for the older adult done standing or sitting on chairs. Call Janet at 732-284-8222 or the church office for more information.

PRANA FLOW YOGA – Join us **every Wednesday morning from 9:30-11AM** in room B1 for **Prana Flow®** Yoga. Tiffany McCann will instruct the class to calm your mind, strengthen your body and open your heart.



Join us Saturday February 8th from 5pm to 7pm For Our Annual God Squad Spaghetti Dinner

Spaghetti and Cheese Ravioli with our famous homemade meat or marinara sauce

Adults: \$12 | Children (under 12): \$5

ALL proceeds go toward our Appalachia mission trip

GREEN TEAM

BOBBIE RIDGELY

bridgely@yahoo.com

JOIN OUR TREX® CHALLENGE FOR A GREENER EARTH

Now through February 28, 2020

Our TREX® Challenge for a Greener Earth continues now through February 28, 2020. As of mid-December we have collected 134 garbage bags of plastic weighing 425 lbs! We invite you to join the challenge by bringing in single use plastics (details noted below) to the collection bin at the back door. When we meet our goal of 500 lbs, TREX® will donate an outdoor bench for use on our Pre-K playground and together we will have eliminated unwanted plastic from our area landfills! Please see Janie Schildge or Bobbie Ridgely (bridgely@yahoo.com) for more information.

Any plastic marked with a 2 or 4 recycle symbol can be donated. A good rule of thumb is plastic that can be stretched is acceptable, plastic that crinkles is not. Universally accepted items are: Pallet wrap and stretch film • Grocery bags • Bread bags • Case overwrap • Dry cleaning bags • Newspaper sleeves • Ice bags • Wood pellet bags • Ziploc® food storage bags • Produce bags • Bubble wrap and air pillows • Salt bags • Cereal bags • Plastic shipping envelopes

Please note, it is VERY IMPORTANT that ALL materials are CLEAN, DRY AND FREE OF FOOD RESIDUE!

MEETING SPACE FOR COMMUNITY PARTNERS

Did you know our church offers space to non-profit community partners who are looking for regular, weekly, or monthly meeting space? We currently have space available on Saturday mornings for this purpose. We ask groups to contribute a usage fee in order to help offset our operational costs and the group application must be approved by the Trustees. If you know of a group that might be looking for space on Saturday mornings, please have them reach out to our church office at 732.747.0446.

OUTREACH

For the month of January, Outreach will be collecting items for the Backpack Crew. Items needed are: **granola bars *packs of oatmeal *fruit cups *cereal (non-sugary, please)** This will be a building wide event with bins placed around the church. Children will be able to build a tower of food in Fellowship Hall to see how much we collect!

Thanks to everyone who contributed to our Advent Options program during December. With your contributions we were able to donate \$4000 to the 3 organizations: Heifer-\$2000, Habcore-\$1000, and Miracles Everywhere-\$1000. Thank you for supporting these wonderful organizations and the work that they do.

Thank you!

Every time you cross my mind, I break out in exclamations of thanks to God. Each exclamation is a trigger to prayer. I find myself praying for you with a glad heart.

I am so pleased that you have continued on in this with us, believing and proclaiming God's Message, from the day you heard it right up to the present.

- Philippians 1:3-5 (The Message)

It is through people like you that Jesus shows his love for us. You are God's greatest blessings!

Pastor Jess and the whole staff would like to say thank you for everything you do to make the ministry of this church possible!